

Addressing Maternal and Infant Mortality Rates: Empowering Women through Supportive Centers

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I. Introduction

- A. Importance of addressing maternal and infant mortality rates
- B. The role of supportive centers in women's healthcare journey

II. Affordable Housing as a Systemic Driver

- A. Recognizing housing as a crucial factor in women's choices
- B. Advocating for safe and affordable housing options
- C. Exploring alternatives to building individual maternity homes

III. Doula Programs for Black Mothers

- A. Highlighting the research on Doula's impact on black mothers
- B. The significance of the center visited in Baton Rouge, IL
- C. The implementation of Doula programs in supporting black mothers
- D. The role of being a NIFLA member in ensuring quality care

IV. Empowering Women through Advocacy

- A. Centers as a source of information and education
- B. Equipping clients with knowledge to advocate for themselves
- C. Understanding and exercising birthing and post-birth rights

V. Addressing Implicit Bias in Healthcare Systems

- A. Defining implicit bias and its implications
- B. Becoming an ally to combat Implicit Bias
- C. Supporting clients before, during, and after the birth experience

VI. Conclusion

- A. Recap of key points discussed
- B. Reiterating the importance of supportive centers
- C. Encouraging collective efforts to address maternal and infant mortality rates